

## HOW TO CONTACT US

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### Our Counselors

- have different professional backgrounds, e.g. psychology, social work, theology, medical work and law.
- all took part in several years of supplementary training in “Marriage, family, life counseling”.
- work with different psychotherapeutic concepts and counseling methods.

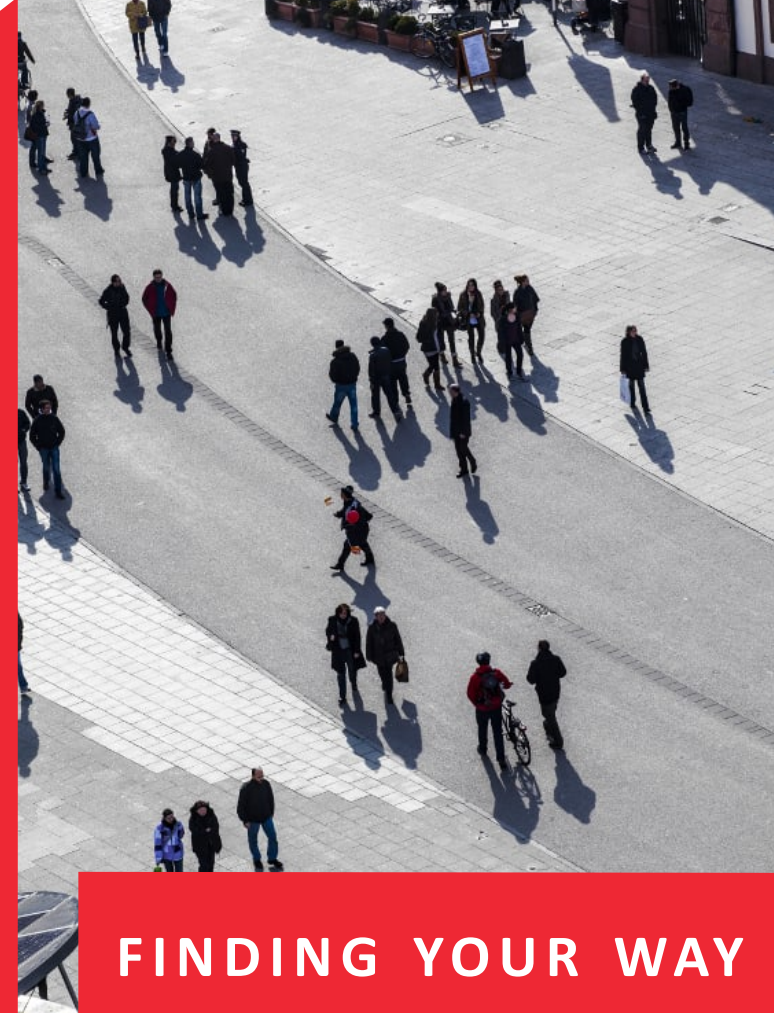
More information on our homepage:

[www.ehefamilieleben.de](http://www.ehefamilieleben.de)



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**ECHT FREUNDLICHE LEUTE**



## FINDING YOUR WAY

### Orientation - Guidance - Confidence

Marriage, family, life counseling in 38 cities of the Diocese of Münster



**EHE-, FAMILIEN- UND  
LEBENSBERATUNG**  
KATHOLISCHE KIRCHE  
BISTUM MÜNSTER

## DOES THIS SOUND FAMILIAR TO YOU?

### Reasons to come

- You constantly quarrel with each other and you sense there might be something else behind it all.
- You like each other but you are uncertain whether you really want to get involved with each other.
- „Love and fulfilling sexuality are for others.“
- You have decided to leave your partner and you are looking for guidance through the separation for your children and yourself.
- „Actually I cannot complain about my life but somehow I fear that this is not the life I should be living.“
- „My partner is having an affair! This turns my world upside down.“
- „We are about to celebrate our silver wedding. But what is left to be worth the celebration?“

## WE ARE HERE FOR YOU

### Issues to look at

- You are facing difficult situations in life.
- You are feeling uncertain about committing yourself to someone in a partnership.
- You have to cope with problems and conflicts in marriage and partnership.
- You are experiencing sexual problems.
- You are dealing with a crisis in your family
- You have to accept separation and divorce.
- You have personal problems.
- You need guidance in an existential or spiritual crisis.

Counseling is open to every adult, regardless of nationality, religion, sexual orientation or marital status.

Our counselors are bound to observe confidentiality.

## WE OFFER:

### Your options

- one-on-one, couple and family sessions
- group sessions
- weekend workshops
- online counseling
- There are more counseling options on our website: [www.ehefamilieleben.de](http://www.ehefamilieleben.de)

### Costs

Counseling is free of charge.

The Diocese of Münster takes over most of the expenses. Furthermore we receive funding from the federal, regional and local governments in NRW.

To fill the remaining financial gap, we rely on your donations.

