

Our counsellors

- have different professional backgrounds, e. g. psychology, social work, theology, medical work and law.
- all took part in several years of supplementary training in "Marriage, Family, Life Counselling".
- work in multi professional teams with different psychotherapeutic concepts and counselling methods.

Marriage, Family, Life Counselling in the Diocese of Münster close to you.

How to contact us

send an e-mail to:

eFl-ahaus@bistum-muenster.de
eFl-bocholt@bistum-muenster.de
eFl-emsdetten@bistum-muenster.de
eFl-greven@bistum-muenster.de
eFl-muenster@bistum-muenster.de
eFl.oldenburg@caritas-sozialwerk.de
eFl-recklinghausen@bistum-muenster.de



Finding your Way

Orientation. Guidance. Confidence.

We have time for you.

Marriage, Family, Life counselling in 36 cities of the Diocese of Münster

www.ehfamilieleben.de

More information on our homepage:

www.ehfamilieleben.de



Reasons to come

Is this familiar to you?

- You constantly quarrel with each other and you sense there might be something else behind the quarrel.
- You like each other but you are uncertain whether you really want to get involved with each other.
- “Love and fulfilling sexuality belongs to others. I have to accept the consequences of having married the wrong partner.”
- You are often ill and you ask “why”.
- You have decided to leave your partner and you are looking for guidance through the separation for your children and yourself.
- “Actually I cannot complain about my life but somehow I fear that this is not the life I should be living.”
- “My partner has an affair! This is the collapse of my world.”
- “We are about to celebrate our silver wedding. But what is left to be worth the celebration?”
- “My partner is chatting on the Internet for hours and will have nothing to do with me anymore.”

Issues to look at

We have time for you ...

- if you face difficult situations in life.
- if you feel uncertain about committing yourself to someone in partnership.
- if you have to cope with problems and conflicts in marriage and partnership.
- if you have sexual problems.
- if you have to deal with a crisis in your family.
- if you have to accept separation and divorce.
- if you have personal problems.
- if you need guidance in an existential and spiritual crisis.

Counselling is open to everyone regardless of age, nationality, religion and marital status.

Our counsellors are bound to observe confidentiality.

Possibilities to take

We offer ...

- one-to-one setting
- couple setting
- family setting
- group setting
- weekend workshops
- online counselling

There are more counselling possibilities to be found on our homepage:

www.ehefamilieleben.de

Costs

Counselling hours are free of charge.

The Diocese of Münster bears most of the expenses. Furthermore we receive funding from the federal, regional and local government.

Nevertheless our counselling service also needs financial support through donations.

